



MON	TUE	WED	THU	FRI	SAT	SUN
<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • White Chili Book 1 pg 50 • The Food Nanny Kamut Bread • For the Love of Kamut pg 22 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Grilled Foot-long Turkey and Bacon Sandwich with Fresh Mozzarella Cheese with Mozzarella Cheese Book 2 pg 275 • Fresh Fruit • Chips 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Mac And Cheese Kids Crave Book 1 pg 86 • Peas • Quick Caesar Style Salad Book 1 pg 195 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Navajo Tacos, Buffet Style Book 1 pg 113 	<p>PIZZA</p> <ul style="list-style-type: none"> • Quattro Fromaggi (four cheese pizza) Book 1 pg 133 	<p>GRILL</p> <ul style="list-style-type: none"> • BBQ Chicken Salad Book 2 pg 177 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Halloween • Our Tradition: Spaghetti And Meat Sauce Book 1 pg 62 • Garlic Bread Book 1 pg 227 • made with Kamut French Baguettes • For the Love of Kamut pg 56

MON	TUE	WED	THU	FRI	SAT	SUN
<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Chicken Rice Casserole with Almonds Book 2 pg 27 • Peas, Broccoli, Asparagus or Zucchini 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Lasagna Soup Book 2 pg 47 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Blueberry Croissant French Toast Book 1 pg 99 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Mexican Chicken and Rice Book 2 pg 111 • Chips And Salsa 	<p>PIZZA</p> <ul style="list-style-type: none"> • Pizza With Ham Book 2 pg 145 	<p>GRILL</p> <ul style="list-style-type: none"> • Macaroni Salad with Rotisserie Chicken Book 2 pg 222 • Kamut Cornbread • For the Love of Kamut pg 70 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Food Nanny Beef Bourguignon Book 2 pg 193 • Food Nanny Mashed Potatoes with Corn Book 2 pg 199