



MON	TUE	WED	THU	FRI	SAT	SUN
<p><b>COMFORT FOOD</b></p> <ul style="list-style-type: none"> <li>• Chicken Fajita Soup Book 1   pg 52</li> </ul>	<p><b>ITALIAN</b></p> <ul style="list-style-type: none"> <li>• Easy American Lasagna Book 1   pg 74</li> </ul>	<p><b>FISH + MEATLESS</b></p> <ul style="list-style-type: none"> <li>• Broccoli And Swiss Cheddar Frittata Book 2   pg 84</li> </ul>	<p><b>MEXICAN</b></p> <ul style="list-style-type: none"> <li>• Chicken Chipotle with Brown Rice Book 2   pg 113</li> </ul>	<p><b>PIZZA</b></p> <ul style="list-style-type: none"> <li>• Pizza With Mushrooms Book 2   pg 145</li> </ul>	<p><b>GRILL</b></p> <ul style="list-style-type: none"> <li>• Grilled Balsamic Honey Glazed Salmon Book 2   pg 169</li> </ul>	<p><b>TRADITIONS</b></p> <ul style="list-style-type: none"> <li>• Yamista Book 2   pg 194</li> <li>• Athens Greek Salad Book 2   pg 257</li> </ul>

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<p><b>COMFORT FOOD</b></p> <ul style="list-style-type: none"> <li>• Brazilian Meat Sauce with Rice and Fries Book 2   pg 23</li> </ul>	<p><b>ITALIAN</b></p> <ul style="list-style-type: none"> <li>• Chicken Tarragon with Cream Book 2   pg 201</li> <li>• Angel Hair or Linguine with Butter and Parmesan Cheese Book 2   pg 227</li> <li>• Green Beans or Peas</li> </ul>	<p><b>FISH + MEATLESS</b></p> <ul style="list-style-type: none"> <li>• Grandma Ellen's Swedish Pancakes Book 2   pg 97</li> <li>• (make sure to add the ¼ cup butter)</li> <li>• Serve with Maple syrup, Lingonberry, Raspberry, Blueberry, or blackberry preserves (jam)</li> <li>• Or fresh lemon juice and powdered sugar</li> </ul>	<p><b>MEXICAN</b></p> <ul style="list-style-type: none"> <li>• Carne Asada Tacos Book 1   pg 112</li> <li>• Mexican Rice with Fresh Tomatoes Book 1   pg 123</li> </ul>	<p><b>PIZZA</b></p> <ul style="list-style-type: none"> <li>• Quattro Stagioni Pizza Book 1   pg 133 (at the bottom of the page)</li> </ul>	<p><b>GRILL</b></p> <ul style="list-style-type: none"> <li>• Grilled Garlic Butter Chicken Book 1   pg 156</li> <li>• Reds And Greens Salad Book 1   pg 191</li> <li>• Corn on the cob</li> <li>• Rice or potatoes</li> </ul>	<p><b>TRADITIONS</b></p> <ul style="list-style-type: none"> <li>• Danish Frikadeller Book 2   pg 195</li> <li>• Danish Cabbage Book 2   pg 214</li> <li>• Mashed potatoes</li> <li>• Peas and Carrots</li> </ul>