



MON	TUE	WED	THU	FRI	SAT	SUN
<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Creamy Tomato Basil Soup Book 1 pg 82 • Sprinkle with Kracklin Kamut sea salt • Kamut Cornbread For The Love of Kamut pg 70 • Athens Greek Salad Book 2 pg 257 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Chicken Marsala with Mushrooms Book 1 pg 78 • Asparagus • Peas 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Kamut German Pancakes For The Love of Kamut pg 107 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Taco Salad Book 1 pg 126 	<p>PIZZA</p> <ul style="list-style-type: none"> • Thick Crust Pizza Dough Book 1 pg 136 	<p>GRILL</p> <ul style="list-style-type: none"> • BBQ Apricot Chicken Thighs Book 2 pg 157 • Bangkok Stir Fry Book 2 pg 25 (no chicken) • or Jasmine Rice Book 2 pg 218 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Food Nanny Beef Bourguignon Book 2 pg 193 • Mashed Potatoes with Corn Book 2 pg 199

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<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Cheesy Chicken with Fresh Spinach Book 2 pg 33 • Baked Potatoes or Rice Pilaf Book 1 pg 213 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Cheesy Chicken with Fresh Spinach Book 2 pg 33 • Baked Potatoes or Rice Pilaf Book 1 pg 213 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Classic Tun Melt Book 1 pg 88 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Quick and Easy Honey Lime Enchiladas Book 2 pg 117 	<p>PIZZA</p> <ul style="list-style-type: none"> • Arugula Pizza and Cherry Tomatoes Book 2 pg 143 	<p>GRILL</p> <ul style="list-style-type: none"> • Grilled Salmon Book 2 pg 180 • Grilled Pineapple Salsa Book 2 pg 180 • Jasmine and Quinoa Book 2 pg 218 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Tri Tip Roast with Potatoes Book 1 pg 173 • White Kamut Rolls • For The Love of Kamut pg 26