



| MON | TUE | WED | THU | FRI | SAT | SUN |
|--|---|--|--|---|--|---|
| <p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Croque Monsieur Book 1 pg 56 • Fresh Fruit/Fruit Dip Book 1 pg 273 | <p>ITALIAN</p> <ul style="list-style-type: none"> • Fettuccini Alfredo (with or without chicken) Book 1 pg 71 • Broccoli | <p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Kamut Buttermilk Waffles • For The Love of Kamut pg 103 | <p>MEXICAN</p> <ul style="list-style-type: none"> • Taco Salad Book 1 pg 126 | <p>PIZZA</p> <ul style="list-style-type: none"> • BBQ Chicken Pizza Book 1 pg 143 | <p>GRILL</p> <ul style="list-style-type: none"> • West Virginia Hot Dogs Book 2 pg 163 | <p>TRADITIONS</p> <ul style="list-style-type: none"> • Yamista – Greek Stuffed Peppers and Tomatoes Book 2 pg 194 |

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| <p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Herb Crusted Grilled Chicken Sandwich Book 2 pg 277 • Raw veggies and dip or fresh fruit | <p>ITALIAN</p> <ul style="list-style-type: none"> • Massimiliano's Quick and Easy Pasta Book 2 pg 61 • Two Basic Salads #2 Book 2 pg 258 • Great Garlic Bread Book 2 pg 237 | <p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Food Nanny Eggs Benedict Book 2 pg 91 | <p>MEXICAN</p> <ul style="list-style-type: none"> • Roasted Green Chili Casserole Book 1 pg 118 • Corn or flour tortillas (warmed) • Reds And Green Salad Book 1 pg 191 • Grilled Chicken | <p>PIZZA</p> <ul style="list-style-type: none"> • Kale and Potato Pizza Book pg 125 | <p>GRILL</p> <ul style="list-style-type: none"> • Grilled Balsamic Honey Glazed Salmon Book 2 pg 169 • Green Beans • Creamy Grilled Potatoes Book 2 pg 175 • Strawberry Days Salad Book 2 pg 267 | <p>TRADITIONS</p> <ul style="list-style-type: none"> • Chicken Tarragon with Cream Book 2 pg 201 • Mashed Potatoes with Corn Book 2 pg 199 • Green Beans |