



| MON | TUE | WED | THU | FRI | SAT | SUN |
|--|---|---|---|--|--|--|
| <p>COMFORT FOOD</p> <ul style="list-style-type: none"> • BBQ Beef Sandwiches Book 1 pg 125 • Potato Salad Book 1 pg 196 | <p>ITALIAN</p> <ul style="list-style-type: none"> • Fettuccine Alfredo Book 1 pg 71 • Broccoli | <p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Roast Salmon with Vegetables Book 1 pg 96 | <p>MEXICAN</p> <ul style="list-style-type: none"> • Roasted Green Chili Casserole Book 1 pg 118 • Baked Chicken: Sprinkle Breasts or Tenders with Extra Virgin Olive Oil, French Gray Coarse Salt, and fresh ground black pepper. Bake at 350 for 35 minutes, uncovered. • Food Nanny Signature Salad Book 2 pg 261 | <p>PIZZA</p> <ul style="list-style-type: none"> • Little Italy Pizza Book 2 pg 147 | <p>GRILL</p> <ul style="list-style-type: none"> • Easy Grilled Teriyaki Chicken Book 2 pg 159 • Jasmine Rice Book 2 pg 218 • Asparagus | <p>TRADITIONS</p> <ul style="list-style-type: none"> • Breakfast: Kamut Cinnamon Roll Coffee Cake • For the Love of Kamut pg 99 • Easter Dinner: Roasted Leg of Lamb Book 2 pg 188 • Acini Di Pepe Fruit Salad Book 1 pg 197 • White Kamut Rolls • For the Love of Kamut pg 26 • Left Over Cinnamon Roll Coffee Cake or Carrot Cake Cup Cakes • For the Love of Kamut pg 187 |

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| <p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Leftover/ Raclette Book 2 pg 31 • Left over cake | <p>ITALIAN</p> <ul style="list-style-type: none"> • Classic Italian Meat Balls Book 1 pg 63 • Add meatballs to Simple Sauce Book 2 pg 55 • Best Ever Kamut Bread Sticks Book 2 pg 66 • Green Beans | <p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Quick and Easy Egg Supper Book 1 pg 104 • (bake in toast cup under Baked Eggs) • Serve Broccoli and asparagus on side | <p>MEXICAN</p> <ul style="list-style-type: none"> • Mexican Chicken and Black Bean Soup Book 1 pg 121 | <p>PIZZA</p> <ul style="list-style-type: none"> • Thick Crust Pizza Dough Book 1 pg 136 • Basic Pizza sauce Book 1 pg 137 • Sausage, olive and green pepper | <p>GRILL</p> <ul style="list-style-type: none"> • Grilled Footlong Turkey And Bacon Sandwich with Mozzarella Cheese Book 2 pg 275 | <p>TRADITIONS</p> <ul style="list-style-type: none"> • Chinese Stir Fry Book 1 pg 180 |