



MON	TUE	WED	THU	FRI	SAT	SUN
<p><b>COMFORT FOOD</b></p> <ul style="list-style-type: none"> <li>• Creamy Chicken Soup Book 1   pg 51</li> <li>• French Baguettes Book 2   pg 242</li> <li>OR</li> <li>• For the Love of Kamut pg 56</li> </ul>	<p><b>ITALIAN</b></p> <ul style="list-style-type: none"> <li>• Easy American Lasagna Book 1   pg 75</li> <li>• Green Beans</li> <li>• Left over Baguettes</li> </ul>	<p><b>FISH + MEATLESS</b></p> <ul style="list-style-type: none"> <li>• Broccoli and Swiss Cheddar Frittata Book 2   pg 84</li> </ul>	<p><b>MEXICAN</b></p> <ul style="list-style-type: none"> <li>• Chicken Taquitos Book 2   pg 123</li> </ul>	<p><b>PIZZA</b></p> <ul style="list-style-type: none"> <li>• Little Italy Pizza Book 2   pg 147</li> </ul>	<p><b>GRILL</b></p> <ul style="list-style-type: none"> <li>• Grilled Balsamic Honey Glazed Salmon Book 2   pg 169</li> <li>• Creamy Grilled Potatoes or Rice Book 2   pg 175</li> <li>• Fresh Green Beans Book 2   pg 213</li> </ul>	<p><b>TRADITIONS</b></p> <ul style="list-style-type: none"> <li>• Danish Frikadeller Book 2   pg 195</li> <li>• Boiled, steamed or mashed potatoes</li> <li>• Peas and Carrots</li> </ul>

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<p><b>COMFORT FOOD</b></p> <ul style="list-style-type: none"> <li>• Warm Orzo Salad with Chicken Book 2   pg 255</li> </ul>	<p><b>ITALIAN</b></p> <ul style="list-style-type: none"> <li>• Creamy Tomato Basil Soup Book 1   pg 82</li> <li>• Corn Bread Book 1   pg 241 or</li> <li>• Garlic Bread Book 1   pg 227</li> </ul>	<p><b>FISH + MEATLESS</b></p> <ul style="list-style-type: none"> <li>• Baked Halibut with Pan Fried Red Potatoes Book 1   pg 92</li> <li>• Broccoli, Green Beans or Peas</li> </ul>	<p><b>MEXICAN</b></p> <ul style="list-style-type: none"> <li>• Easy Meatless Nachos Book 1   pg 120</li> </ul>	<p><b>PIZZA</b></p> <ul style="list-style-type: none"> <li>• BBQ Chicken Pizza Book 1   pg 143</li> </ul>	<p><b>GRILL</b></p> <ul style="list-style-type: none"> <li>• Thin Steak with Bearnaise Sauce Book 2   pg 181</li> <li>• Grilled mushrooms</li> <li>• Fried Potato Rounds Book 2   pg 219 or Baked potatoes</li> <li>• Fresh Green Beans</li> </ul>	<p><b>TRADITIONS</b></p> <ul style="list-style-type: none"> <li>• Chinese Stir Fry Book 1   pg 180</li> </ul>