



MON	TUE	WED	THU	FRI	SAT	SUN
<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • White Chili Book 1 pg 50 • Northern Style Corn Bread 241 • Lemon Bars (thefoodnanny.com) • 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Baked Chicken and Potatoes Italiano Book 1 pg 80 • (make sure everything is good and crisp!) You may need to turn up your oven or plan for a little longer.) • Left Over Cornbread! • Green Beans and Broccoli 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Fish Tacos Book 1 pg 95 • Santa Fe Lime Rice Book 1 pg 123 • Black Beans 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Happy Halloween Tradition!!!! • Spaghetti and Meat Sauce Book 1 pg 62 • Garlic Bread Book 1 pg 227 • Green Beans 	<p>PIZZA</p> <ul style="list-style-type: none"> • Pizza With Potatoes Book 2 pg 145 • Tuscan Sun Pizza Dough Book 2 pg 33 	<p>GRILL</p> <ul style="list-style-type: none"> • Chicken Philly Book 2 pg 280 • Potato Chips or Fried Potato Rounds Book 2 pg 219 • Corn 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Stuffing Topped Pork Chops Book 1 pg 42 • Applesauce • Broccoli, Carrots and Peas • (or omit the stuffing and serve the sauce over Baked or mashed potatoes)

MON	TUE	WED	THU	FRI	SAT	SUN
<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Carrot Potato Soup With Ginger Book 1 pg 54 • Bruschetta Book 1 pg 81 • Yellow Cake Mix (add ½ cup sour cream to the box ingredients) Make 2 8 or 9 in. layer cake. Prepare our Dark Chocolate Frosting in Book 2 pg 296 to frost the cooled cake with 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Fettuccine Alfredo With Grilled Chicken Book 2 pg 65 • Peas, carrots or Broccoli and or • Garden Salad With Olive Book 1 pg 190 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Minestrone Lovers Soup Book 2 pg 80 • Artisan Beer Bread Book 2 pg 247 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Pork Verde With Lime Dressing Tacos (Look at Sweet Pork #5) Book 2 pg 112 • Santa fe Lime Rice Book 1 pg 123 • Black Beans 	<p>PIZZA</p> <ul style="list-style-type: none"> • Little Italy Pizza Book 2 pg 147 	<p>GRILL</p> <ul style="list-style-type: none"> • Grilled Salmon Book 2 pg 180 • Jasmine Rice Book 2 pg 218 • Grilled Pineapple Salsa, Chips 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Brilliant Oven BBQ Chicken Book 2 pg 203 • Orange Muffin Rolls Book 2 pg 235 • Mashed Potatoes with Corn Book 2 pg 199